

# Summer Class Schedule

EFFECTIVE: June 24, 2017



GYMNASIUM

	MON	TUE	WED	THUR	FRI	SAT	SUN
5:30 AM			Liz*				
8:30 AM						Karl*	
9:00 AM	Esker		Esker		Esker	Lisa	
9:30 AM	Esker	Melitta	Becky	Karl			
10:30 AM	Melitta	Lisa	Lynda L.		Melitta		
4:45 PM	Lisa		Lisa				
5:15 PM	Lisa	Karl	Karl	Liz			
6:15 PM	Brandi	Becky	Lisa	Esker			
7:15 PM		Melitta	Roberto	Lisa			
Open Gym	1:30-4PM & 8:30-10PM	1:30-4PM & 8:30-10PM	1:30-4PM & 8:30-10PM	1:30-4PM & 8:30-10PM	1:30-9PM	Noon-6PM	12:30-3PM

CYCLING STUDIO

5:30 AM		Tedi		Brandi			
8:00 AM						Rotation	
9:30AM					Lisa	Karl	
12:00 PM	Brandi/Lisa		Melitta				
5:15 PM	Karl						
6:00 PM			Melitta				

POOL

5:05AM		Buzz Pd Frmt		Buzz Pd Frmt			
8:00 AM							
9:00 AM	Becky	Arthritis Plus Lisa	Kathy	Arthritis Plus Lisa			
5:30 PM		Kathy		Lisa			
Youth Swim	5:00-8:00PM	5:00-8:00PM	5:00-8:00PM	5:00-8:00PM	5:00-8:00PM	2:30-5:30PM	no lifeguard on duty
5:30 AM		BOOT CAMP Kevin Pd Frmt		BOOT CAMP Kevin Pd Frmt			

\* Short format class.

All classes FREE to full use members.

Pay as you go classes for non-members just \$7 per class or \$14 for two or more classes in the same day.

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